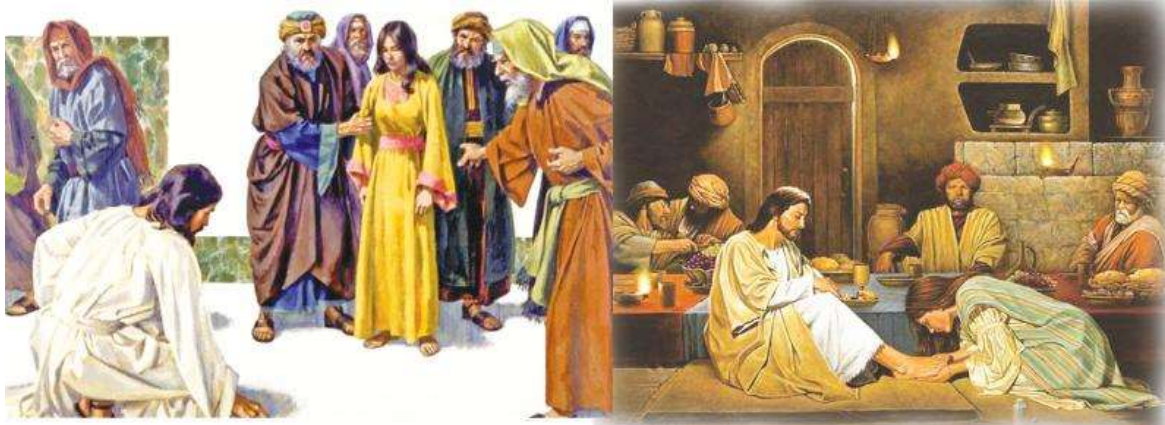


18

Do Not Commit Adultery



Picture 18.1 - The Sinful Woman

The sacredness of the man, created in the image and likeness of God, rests on the relationship between man and woman. Lord Jesus showed that it was sacred. Therefore, He did his first miracle at the Wedding Feast in Cana. A man shall leave his father and his mother, and be joined to his wife; and they shall become one flesh.

Matrimony is a sacrament. It is the teaching of the Church that the husband and wife join together for a higher cause at marriage. It is not a playful life. One should not marry in order to fulfill his lust. One who has sexual relationships outside marriage, sacrileges the sacredness of the marriage.

The best fruit of love is marriage. In the modern world, the sacredness of marriage is tarnished, but the Catholics should try their best to protect its beauty. Therefore, there should not be any illegal affairs before or after marriage.

We should be holy in our word, deed and the way we look at others. We should avoid pornography, i.e. reading pornographic books, looking at pornographic pictures and films.

I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart.

(Matthew 5:28)

Sins against the 6th Commandment

- ★ Reading pornographic books
- ★ Watching pornographic pictures and films
- ★ Having more than one wife / husband
- ★ Rape
- ★ Homosexuality
- ★ Child abuse
- ★ Pre marital relationships

Requirements to Live a Holy Life

- ★ Self control
- ★ Unselfish friendship
- ★ Prayer
- ★ Respect the body
- ★ Respect Sexuality
- ★ Receive the sacraments and receive the graces

According to the First Letter to the Corinthians, body is not for adultery, but for the Lord:

The body is meant not for fornication but for the Lord.

(1 Corinthians 6:13)

Activity



1. Write an article to a magazine on “Let us live a holy life and lead a pure life.”
2. Having written three sins against the 6th commandment, write three advices that you give to your friends on how to avoid those sins.



For Life

Let us treat all in fraternal love. Respect and appreciate all.